

Blood Pressure Control: What Matters?



ASCVD Risk Scoring



Why

People with blood pressure $\geq 130/80$ and higher Atherosclerotic Cardiovascular Disease (ASCVD) risk should be treated with **antihypertensive medication** to avoid heart attack or stroke.



What

The 2017 Hypertension Guidelines recommend using **ASCVD risk** to guide blood pressure treatment. The ASCVD Risk Calculator predicts the likelihood of developing ASCVD in the next 10 years.



Visit the **ASCVD Risk Calculator** at <http://tools.acc.org/ASCVD-Risk-Estimator-Plus/#/calculate/estimate/>

How

The ACC/AHA released an updated ASCVD Risk Estimator Plus to provide risk-based recommendations to help the provider and patient decide on an **individualized plan** to lower risk.

