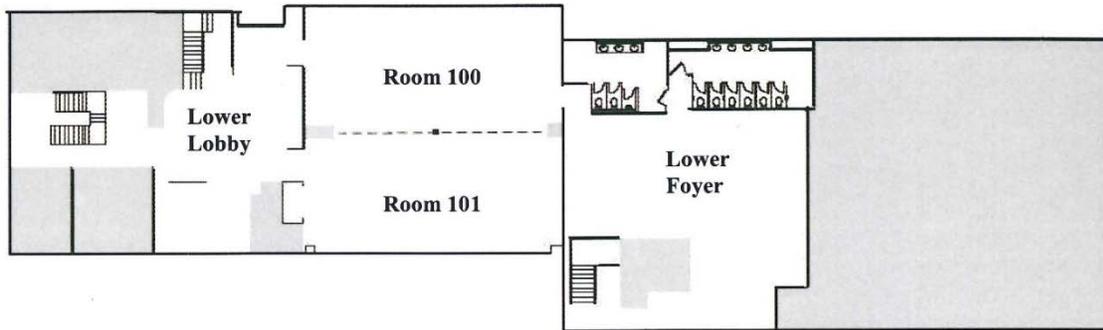


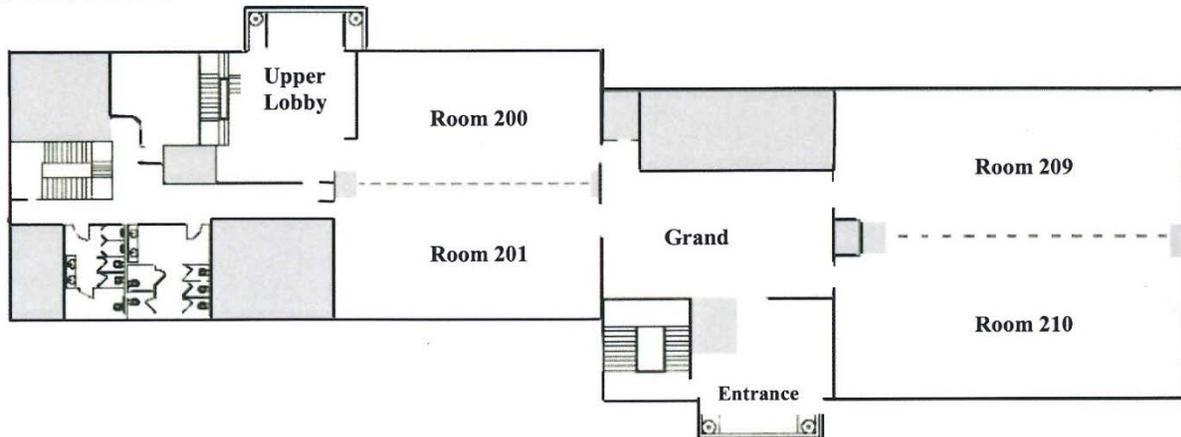
To connect to Wi-Fi please select “SERESC Hotspot”



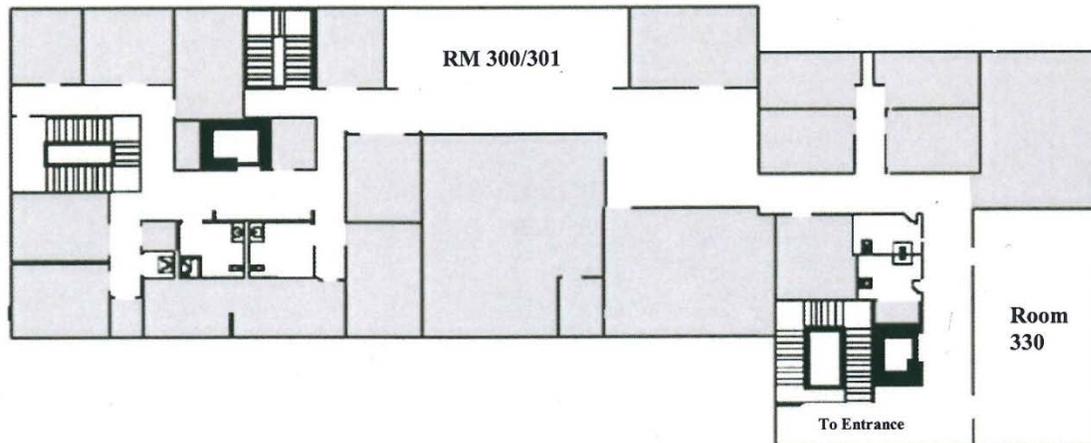
LOWER LEVEL



MAIN LEVEL



UPPER LEVEL



# Agenda at a Glance

<b>8:30</b>	Registration and Breakfast	
<b>9:00</b>	Welcome and Introductions	
<b>9:15 - 10:15</b>	Keynote: Putting NH on the Path to Primary Care and Behavioral Health Integration	
<b>10:15 - 10:30</b>	Break	
<b>10:30 - 11:15</b>	Where We Are Now: <i>-Current Landscape and Perspective</i> <i>-Sustainable Payment for Behavioral Health Integration</i>	
<b>11:15 - 12:15</b>	Behavioral Health and Primary Care in Practice (panel): <i>Practical answers to your questions from regional providers and payers</i>	
<b>12:15 - 12:30</b>	Break	
<b>12:30 - 1:30</b>	<i>Moving NH Forward to Integrated Behavioral Health</i> Working Lunch Discussion	
<b>1:30 - 2:30</b>	Break Out Sessions	
	<p><b>Room 201</b> Screening and NH's New Opiate Prescribing Guidelines: <i>Guidance for Primary Care and Specialty Practices.</i></p>	<p><b>Room 101</b> Privacy and Confidentiality in Integrated Behavioral Health</p>
		<p><b>Room 200</b> Understanding Proposed Medicare Physician Fee Schedule for Behavioral Health/Primary Care Integration</p>
<b>2:30 – 3:00</b>	Closing Thoughts	

*Disclosure: Today's speakers have reported NO significant financial relationship with any company or discussion of off-label uses which may be germane to the content of their presentations or who are supporting this activity.*

## ***Symposium Description***

A joint presentation of the NH Behavioral Health Integration Learning Collaborative and the Northern New England Practice Transformation Network, the New Hampshire Citizen's Health Initiative's Behavioral Health Integration Symposium, "*NH Behavioral Health Integration: Making Sense and Moving Forward*," highlights the lessons learned by the Initiative's Behavioral Health Integration Learning Collaborative and summarizes key challenges to Behavioral Health Integration. During today's sessions, attendees will learn from national and regional thought leaders based on real world successes and challenges. Participants will also have the opportunity to learn about best practices in making payment and billing work for integrated care, opiate prescribing standards, and privacy and confidentiality concerns. Today's Symposium brings together stakeholders from all areas of the health care system to explore the opportunities and the complexities of integrating and sustaining behavioral health in primary and specialty practice. It also provides an opportunity for attendees to engage with presenters and with each other to further our shared learning and continued progress of Behavioral Health Integration in New Hampshire.

## ***Continuing Medical Education***

Participants in this Symposium are eligible for up to two credits of CME, as approved by the Maine Medical Education Trust. Participants interested in receiving CME must sign in before the Keynote presentation and during the participant's chosen breakout session.

Participants must also complete an evaluation to receive CME. The evaluation form is located in this Symposium Guide. Additional copies may be obtained at the registration table. An online evaluation for CME will be sent within 24 hours of the symposium.

## ***Symposium Materials***

The Citizen's Health Initiative is committed to sustainable learning practices; to that end we make every effort to reduce paper waste at all of our trainings and events.

In lieu of printed handouts, all workshop materials submitted by presenters will be available to conference participants at the following web location:

[CitizensHealthInitiative.org](http://CitizensHealthInitiative.org)

**Tweet about your experience:  
#BHIntegrationNH**

## ***Funders***

The preparation for this conference was financed through the generous support of the Endowment for Health and the NH Charitable Foundation



## *Welcome and Introductions*

**José Montero, MD., MHCDS** is VP of Population Health and Health Systems Integration at Cheshire Medical Center/Dartmouth-Hitchcock Keene and José served the State of New Hampshire as the State Epidemiologist and as the State Health Official (Public Health Director); in this capacity he was elected to be the president of the Association for State and Territorial Health Officers (ASTHO). He is Co-Chair of the NH Citizens Health Initiative.

**Mike Ferrara, PhD** is the Dean of UNH College of Health and Human Services. He received his Ph.D. from Penn State University, Master's degree from Michigan State University and undergraduate degree from Ithaca College. Dr. Ferrara's primary research focus is sport-related concussion and exertional heat illness.

**Yvonne Goldsberry, PhD**, President of Endowment for Health, is the architect of the nationally recognized Healthy Monadnock initiative, where she engaged numerous community coalitions and community leaders, stakeholders and residents in a bold vision for community health. Dr. Goldsberry holds a PhD in Public Policy from George Washington University, MPH and MS in Urban Planning from Columbia University, and a BA in Biology from Brown University.

**Jo Porter, MPH**, is the Director for the Institute for Health Policy and Practice. . She co-chairs the All-Payer Claims Database Council and serves on the Governor's Commission for Medicaid Care Management. Jo is a steering committee member for Academy Health's State-University Partnership Learning Network. She also serves on the UNH Analytics Steering Committee.

## *Keynote: Putting NH on the Path to Primary Care and Behavioral Health Integration*

*Dr. Blount will describe the concept of behavioral health integration and the evidence for its effectiveness, and the benefits of behavioral health integration for patients, payers, and providers. In addition, he will outline key components required to implement BHI in the primary care clinical setting.*



**Alexander Blount, EdD**, is director of the Center for Integrated Primary Care, professor of Family Medicine and Psychiatry, and director of behavioral science in the Department of Family Medicine and Community Health at the University of Massachusetts Medical School in Worcester, Massachusetts. He teaches physicians the psychosocial skills of primary care practice and trains post-doctoral fellows in clinical health psychology in primary care. At the Center for Integrated Primary Care, he developed training programs in primary care behavioral health and integrated care management.

He is a member of the National Integration Academy Council of the National Academy for Integrating Behavioral Health and Primary Care sponsored by AHRQ. He is currently leading the expert panel on the Academy's research into the competencies displayed in settings practicing exemplary integration. He has worked on

Massachusetts state-sponsored projects helping practices transform to the patient-centered medical home, developing the integrated clinical model for state-sponsored transition to payment methodologies and providing technical assistance to practices making the transformation to integrated primary care. His books include *Integrated Primary Care: The Future of Medical and Mental Health Collaboration* and *Knowledge Acquisition*, co-written with James Brule. Dr. Blount is past president of the Collaborative Family Healthcare Association and is past editor of *Families, Systems and Health*, a CFHA journal.

## *Where We Are Now:*

- *Current Landscape and Perspective*
- *Sustainable Payment for Behavioral Health Integration*

*This session will cover progress made thus far by the NH Behavioral Health Integration Learning Collaborative and the NH Pediatric Improvement Partnership to address salient state behavioral health issues in addition to developing a payment model to sustain these endeavors.*

**Jeanne Ryer, MS**, is Director of the NH Citizens Health Initiative (NHCHI), a multi-stakeholder statewide effort to create a system of care that promotes health, assures quality and makes care affordable, effective, and accessible to all New Hampshire residents. NHCHI is a project under the NH Institute for Health Policy and Practice (IHPP).

**Marcy Doyle, MS, MHS, CNL, RN** serves as the Quality and Clinical Improvement Project Director for New Hampshire's Citizen Health Initiative at the Institute for Health Policy and Practice. She has extensive experience using practice and system level data to improve quality and clinical outcomes resulting in enhanced fiscal performance.

**Holly Tutko, MS**, serves as a Clinical Assistant Professor at the Institute for Health Policy and Practice (IHPP) and the Department of Health Management and Policy. She currently coordinates the work of the NH Pediatric Improvement Partnership and is involved in the quality improvement work of the NH Citizens Health Initiative's Behavioral Health Integration Learning Collaborative.

**Jim Highland, PhD, MHSA** serves as the president at Compass Health Analytics. His work focuses on using health care data, analysis, and model building to advise state policy makers and executives in community health care organizations on issues related to health care costs, insurance coverage, payment systems, strategic planning, pricing, contracting, and investment decisions. Prior to founding Compass in 1997, Jim's experience included positions with a large multi-hospital system, a prominent Blue Cross Blue Shield plan, and two health care consulting firms with national and international operations. Jim's background includes extensive experience in the insurance and provider payment issues facing regulators as well as public and non-profit payers, particularly the financial aspects of expanding access to health care. Jim holds a Ph.D. in applied economics from the Wharton School of the University of Pennsylvania, where he studied health economics and the economics of risk and insurance. In addition, he holds a Master of Health Services Administration from the University of Michigan's School of Public Health, with concentrations in finance and information systems, and a B.A. in economics, with honors, from Northwestern University.

**Hwasun Garin** is a Project Director at the Institute for Health Policy and Practice. She currently manages the learning activities and reporting suites for many of the Accountable Care Learning Network including the Behavioral Health Integration Learning Collaborative, the Rural Health Technical Assistance Network Learning Collaborative and the Health Care Quality and Transparency Work Group.

## ***Panel Session:***

### ***Behavioral Health and Primary Care in Practice:***

### ***Practical Answers to Your Questions from Regional Providers and Payers***

***Practical advice from providers, practice leaders, and payers on putting integrated behavioral health and collaborative care into practice. Panelists bring a range of experience to answer your questions.***

#### ***Moderator:***

**Bill Gunn, PhD**, is a faculty member of the NH/Dartmouth Family Medicine Residency and holds a clinical appointment at Dartmouth Medical School. Bill is a co-author of *Models of Collaboration* (2006) and *The Collaborative Psychotherapist* (2009). Dr. Gunn has served as a Clinical Advisor to the NHCHI Behavioral Health Integration Learning Collaborative.

#### ***Panelists:***

**Tara Richard, MA**, is Integration Coordinator at Harbor Homes, Harbor Care Health and Wellness Center in Nashua, NH. She implemented the SBIRT model in 2014, creating integration between medical, dental and behavioral health services and most recently is working to integrate substance misuse services, for those individuals that have co-occurring disorders.

**Susan Nichols, PA**, has been a Physician Assistant for 26 years in Primary Care at Community Health Centers in California, Massachusetts and NH. She is currently pursuing a certificate of added qualification in Psychiatry and now has dual roles in primary care and in Lamprey's new Behavioral Health Program.

**Isabel Norian, MD**, is a board certified psychiatrist and medical director at Center for Life Management (CLM), a Community Mental Health Center, Derry, NH. She has supervised medical staff providing integrated care services and has provided services to Dana Farber clients in Londonderry as part of an integrated care model.

**Gail Menswar RN, MBA, CHC** serves as a Senior Clinical Consultant for Harvard Pilgrim Health Care. She works to support programs across the provider network utilizing quality data to assist in network evaluation and development.

**Aimee Valeras PhD, LICSW** is faculty with the NH Dartmouth Family Medicine Residency and the Leadership Preventive Medicine Residency at Concord Hospital Family Health Center. Dr. Valeras recently coedited the book, *Integrated Behavioral Health in Primary Care: Evaluating the Evidence, Identifying the Essentials*.

**Mark Deasy, BA** is responsible for overall contractual and operational management of Beacon Health Strategies contracts in NE. He oversees the Beacon NH team and, working closely with Well Sense Health Plan, Mark and the Beacon team ensure members of the Well Sense plan are receiving the highest quality behavioral health services available to them.

## *Moving NH Forward to Integrated Behavioral Health: Working Lunch Discussion*

*Facilitated by Dr. Jim Fauth, our Working Lunch discussion will tap your insights and expertise to create a common vision of how to move integrated behavioral health forward in New Hampshire and create a sustainable future.*

**James Fauth, PhD**, directs the Center for Behavioral Health Innovation (BHI) at Antioch University New England (AUNE), which improves behavioral health practice in underserved community settings, through integration of behavioral health expertise in primary care and other settings, evaluation, knowledge translation, external facilitation, and technical assistance. He is Associate Chair of the doctoral program in Clinical Psychology at AUNE. He received his PhD in Counseling Psychology from The Pennsylvania State University in 2000 and his MA in Clinical Psychology from Western Carolina University in 1996. Dr. Fauth has served as a Clinical Advisor to the NHCHI Behavioral Health Integration Learning Collaborative.

## *Break Out Session: Room 201 Screening and NH's New Opiate Prescribing Guidelines: Guidance for Primary Care and Specialty Practices*

*This session will outline the newly revised Opioid Prescribing Rules for New Hampshire (effective May 4, 2016), the CDC Guidelines, and discuss the clinical practice implications of these rules.*

**Seddon Savage, MD, MS, FASAM** is a clinician, educator and advocate in the fields of addiction medicine and pain medicine. She is Medical Director of the Chronic Pain and Recovery Center at Silver Hill Hospital in CT and serves as an advisor to the Dartmouth-Hitchcock Health System on substance and pain-related education and practice improvement. She serves on NH Governor's Commission on Alcohol and other Drugs and as Co-Chair of the Task Force on Opioids and Healthcare Task Force of the Commission. She is co-chair of the NIH Chronic Pain Work Group of the Federal Pain Research Strategy. She has served as a consultant to the AMA, the National Center on Addiction and Substance Abuse of Columbia University, NIDA, SAMHSA, and the US Centers for Substance Abuse Treatment, among others. Dr. Savage is certified in Addiction Medicine by the American Board of Addiction Medicine and is an elected fellow of American Society of Addiction Medicine.

### ***Moderator:***

**David Coursin, MD** has practiced psychiatry in New Hampshire since 1985, working as a psychiatric attending at Concord Hospital, a provider at Riverbend Mental Health Center, a clinician in solo private practice, and as Assistant Professor of Psychiatry at Dartmouth Medical School, treating patients and teaching at New Hampshire Hospital, NHH Transitional Housing, and the Secure Psychiatric Facility. Prior to his work as a psychiatrist, he was a family physician. He retired from full-time clinical practice in 2011 and since then has been involved on the NHCHI Leadership Advisory Board and as a Clinical Advisor to the Behavioral Health Integration Learning Collaborative. He is a member of the Medical Review Sub-committee of the NH Board of Medicine and provides psychiatric consultation to the NH Probate Courts.

## ***Break Out Session: Room 101***

### ***Privacy and Confidentiality in Integrated Behavioral Health***

***Presenters will review key regulatory issues and challenges around confidentiality of treatment records and health information exchange relative to behavioral health integration and will define privacy regulations impacting providers of addiction and mental health care services including the treatment of minors. They will explore compliance solutions and ongoing dilemmas regarding access to medical records, technology, systems integration, and other issues as integrated delivery ideas are implemented.***

**Lucy Hodder, JD**, is director of health law and policy programs at the University of New Hampshire and a professor of law at UNH School of Law. She most recently served as Legal Counsel to NH Governor Maggie Hassan and senior health care policy director, working on initiatives to expand access to health, mental health and substance use disorder services. A graduate of Princeton University and Georgetown University Law Center, Lucy clerked for the United States District Court in New Orleans, and then began her career as an attorney in the San Francisco firm of Brobeck, Phleger and Harrison, LLP.

**Patrick Miller, MPH** serves as Founder and Principal of Pero Consulting Group LLC. Patrick's 25-year career has been primarily in healthcare and human services. He has held senior management positions with Cigna, Choicelinx, The Jordan Institute, the NH Citizens Health Initiative, and PC Connection. Patrick currently serves on the boards of Speare Memorial Hospital, NH Fiscal Policy Institute, and the NH Health Information Organization.

**Amy Pepin, MSW, LCSW, CPS** has over 25 years of professional experience working with and for people in the prevention and treatment of alcohol and other drug problems. As a Senior Consultant with the Community Health Institute/JSI, Ms. Pepin directs the work of the NH Center for Excellence in Addressing Alcohol and Drug Misuse, providing consultation, technical assistance, and training to state government and policy makers, prevention coalitions and networks, substance use disorder treatment and recovery support providers, and health systems.

**Jeff Loughlin, MHA** is Project Director with the Massachusetts eHealth Collaborative and currently serves as the Executive Director of the New Hampshire Health Information Organization, working with providers, practice leaders, medical and administrative staffs to ensure successful adoption of Health Information Technology and the implementation of the statewide health information exchange. Jeff is a US Army veteran with over 28 years of military service and is currently serving as the Commander, Massachusetts Army National Guard Medical Command as a Medical Service Corps Colonel. Jeff holds a MHA from Simmons College and a Bachelor's Degree in Psychology from the University of Massachusetts Amherst.

## ***Break Out Session: Room 200***

### ***Understanding Proposed Medicare Physician Fee Schedule for Behavioral Health/Primary Care Integration***

***This session will describe changes in the 2017 Medicare Physician fee schedule to support both primary care and behavioral health provider delivery of collaborative care services such as shared care planning, psychiatric consults, and care coordination. It will also outline key regulations governing the use of these codes for reimbursement of collaborative care delivery.***

**Beth Tschopp, MSW, MPP** is Senior Director for Practice Improvement at the Policy and Practice Improvement for the National Council for Behavioral Health. Previously she was the Executive Director of the Arlington County, VA Community Services Board and the Behavioral Healthcare Division Chief for the Arlington County Department of Human Services. Beth's career began as a clinician working with victims of domestic violence and sexual assault. She was a licensed addictions counselor and LCSW in the State of Indiana working for nearly a decade with forensic populations, persons with HIV/AIDS, substance use disorders and serious mental illness. Ms. Tschopp possesses dual Masters in Social Work and Public Policy.

## ***Closing Thoughts***

***Jeanne Ryer, NH Citizens Health Initiative Director***

***Sharon Beaty, NH Citizens Health Initiative Co-Chair***

**Sharon Beaty, MBA FACMPE**, is CEO of Mid-State Health Center in Plymouth and Bristol, NH. A native of rural Texas, Sharon began her career as hospital laboratory technologist and administrator and has managed private, hospital-owned and independent non-profit practices in Texas, Kansas and New Hampshire. She has provided practice evaluation and consulting work for physician and dental practices. Sharon obtained her MBA from Baylor University and BS in Chemistry from Texas Tech University.